**Abnormal Psychology introduction assignment! :) Marked out of 10.**

Here are the questions for your first assignment. I can’t wait to get to know you over the semester as we learn about this important, interesting and sensitive topic. ☺

Answer the following questions as creatively and in depth as you would like to share with me….

1. Why did you take this course? (What is your interest in Abnormal Psych)?
2. What is your exposure to mental illness or mental health in your life (or those around you)
3. What do you want to learn more about in this course?
4. What do you NOT want to learn about or have discussed in class?
5. Tell me 5 things about you and attach a picture. (This is me and baby Quinn). <3



1. It’s very crucial to know of human mind works. It would help me in better understanding of psychological disorders that affect behavior.

Take for example my mother, she is suffering from mental depression because she lives far away where she can’t reach me. She is always worried about me.

Maybe through this course, it would help me in better interaction with the people suffering from such disorders.

1. I am very thankful to God that even after leaving my parents, I am still strong and never suffer any mental illness or disorder so far. But back home, I do witness people with mental illness.
2. I want to learn how anxiety; depression develops in our body and how this is connected to human brain. Is it a chemical reaction or physical phenomena? How to treat and diagnose them and how this affect human behavior. Is it considered a serious threat to mankind and can we eliminate or just minimize it?

4. I don’t want to learn the consequences of these mental disorders. It scares me. Neither I want to learn which medicines are required for the treatment. I know there is no cure for this problem. Medicines can only stop it for short amount of time. After that the situation becomes the same.

5.My name is Divyansh Sharma. I am from Punjab, India. My family members include my younger sister currently in grade 9, my father, mother and grandmother. I am currently studying Computer Programming and it’s my 3rd Semester. I completed my high school back in India scoring 85% in my final exams.

I love to play soccer and watch Anime. My favorite player is Lionel Messi and favorite Anime is Dragon Ball Super.

 

I also like to play video games. My lucky number is 7 and favorite color is blue as shown in GOKU’s blue aura in above picture. I wake up early and go for jogging early in the morning. I am pure vegetarian and I am very specific about my diet plan.

Here’s my picture. 